

Constance Anne Klein, LCSW
Tree of Life Psychotherapy
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Curriculum Vitae

EDUCATION

Smith College School for Social Work, Northampton, MA, 1988-1990, *Masters of Social Work*.

Internships

Veteran's Administration Medical Center, Denver, CO. 1989-1990.

Mental Health Clinic and Inpatient Units.

University of Colorado Health Sciences Center, Denver, CO. 1988-1989.

Children's Day Treatment Center.

Awarded, Eleanor Clark Thesis Prize for Master's Thesis: "Observing Transitional Phenomena with Latency-Age Children and Therapists During Termination."

Colgate University, Hamilton, NY. 1978-1982. *Bachelor of Arts, Cum Laude*, Honors in History.

PROFESSIONAL EXPERIENCE

Private Psychotherapy Practice, Denver, CO. January 2001 – present.

University of Colorado, Department of Psychiatry, Division of Substance Dependence, Aurora, CO.

National Trainer/Clinical Supervisor, Cognitive Behavioral Therapy & Motivational Interviewing, September 2005 – August 2013.

Cognitive Behavioral Interventionist, Randomized Clinical Trial for Adolescents with Co-occurring disorders, January 2001 – August 2005.

Faculty, Instructor, 1997 – December 2000.

Outpatient Services Manager, Colorado Psychiatric Health, October 1999 – December 2000.

Director, University Mental Health Services, June 1999 – January 2000.

Case Manager, University Mental Health Services, September 1997 – May 1999.

The Family Center, Catholic Charities, Denver, CO. Adolescent Team Leader and Clinical Supervisor, August 1996 – August 1997.

PRO Behavioral Health, Denver, CO. Outpatient Clinician, May 1993 – July 1996.

Ending Violence Effectively, Inc., Denver, CO. Child and Family Specialist.
September 1991 - April 1993.

Cleo Wallace Center, Westminster, CO. School Clinician, May 1992 – September 1992; Hospital Social Worker, January 1991 – August 1991.

Columbine Psychiatric Center, Littleton, CO. Hospital Social Worker, October 1990 – December 1990.

PRESENTATIONS

- 2003 Workshop presentation, “Motivating Change with Substance Abusing Adolescents: A Cognitive Behavioral Approach,” Annual Conference of Alcohol and Drug Abuse Division, Colorado Department of Health, Denver.
- 2003 Workshop presentation, “Motivating Change with Substance Abusing Adolescents (SUD): Cognitive Behavioral Approach,” Clinical Trials Network Blending Conference, National Institute on Drug Abuse, Denver.
- 2003 Workshop presentation, “Cognitive Behavioral Therapy for Adolescent Substance Use Disorder: Skills Training,” Annual Meeting American Academy of Child and Adolescent Psychiatry, Miami, Florida.
- 2004 Workshop presentation, “Transtheoretical Model of Change: Applications for Adolescent Substance Use Disorders,” Annual Meeting American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- 2004 Workshop presentation, “Cognitive Behavioral Therapy for Adolescent Substance Use Disorder: Skills Training,” Denver Health, Denver, CO. Provided ongoing supervision for team of therapists at Denver Health clinic (2004-2005).
- 2004 Workshop presentation, “Cognitive Behavioral Therapy for Adolescent Substance Use Disorder: Skills Training,” Jefferson Center for Mental Health, Lakewood, CO.
- 2005 Workshop presentation, “Cognitive Behavioral Therapy for Adolescent Substance Use Disorders: Skills Training,” 37th Annual Summer Institute Sponsored by State of Nevada Department of Human Resources Health Division Bureau of Alcohol and Drug Abuse and Center for the Application of Substance Abuse Technologies University of Nevada, Reno.
- 2005 Taught week long seminar to clinicians on cognitive-behavioral therapy for substance use disorders in Kiev, Ukraine.
- 2005 Poster presentation, “Transtheoretical Model: Enhancing Motivation In Treatment Of Adolescent Substance Use,” Joint Annual Meeting, American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry, Toronto.

- 2006 Guest Instructor, Virginia Treatment Center for Children, Virginia Commonwealth University Medical Center, Richmond, VA.
- 2006 Guest Speaker, 4th Annual Fall Conference in Child Psychiatry, Virginia Commonwealth University Medical Center, Richmond, VA. “Unraveling the Complexities of Co-occurring Disorders in Adolescents.”
- 2006 Invited presenter, The Commonwealth Center for Children & Adolescents and Harrisonburg-Rockingham Community Service Board, Staunton, VA.
- 2007 Invited presenter, Sutter-Yuba Mental Health Services, Yuba City, CA.
- 2007 Invited presenter, Center for the Application of Substance Abuse Technologies (CASAT), University of Reno, NV.
- 2007 Invited presenter, Center for the Application of Substance Abuse Technologies (CASAT), Las Vegas, NV.
- 2007 Invited presenter, Virginia Summer Institute for Addiction Studies, The College of William and Mary, Williamsburg, VA.
- 2007 Invited presenter, Colorado Behavioral Healthcare Council Annual Conference, Breckenridge, CO.
- 2007 Invited panelist, Annual Meeting, American Academy of Child and Adolescent Psychiatry, Boston, MA. “Research to Practice: Adopting an Integrated Treatment Model for Adolescents.”
- 2008 Trainer, Sutter Yuba Mental Health Services, Yuba City, CA.
- 2008 Certification, Motivational Interviewing Network of Trainers (MINT), Dellroy, OH.
- 2008-2009 Consultant, Sutter Country Probation Services, Yuba City, CA. Supervise team of probation officers providing clinical services to adolescents with co-occurring disorders.
- 2009-2010 Trainer/Consultant, Virginia Treatment Center for Children, Virginia Commonwealth University Medical Center, Richmond, VA.
- 2009 Panelist, Annual Meeting, American Academy of Child and Adolescent Psychiatry, Honolulu, HI. Conference Symposium, “Does Readiness to Change Predict Substance Treatment Outcome in Adolescents?”
- 2010-2013 Trainer/Consultant, Therapeutic Health Service, Seattle, WA.
- 2011-2013 Trainer/Consultant, Riley Children’s Hospital, Indiana University, Indianapolis, IN.

PUBLICATIONS

Poster presentation at 2001 Conference, College on Problems of Drug Dependence: "Perceived Motivations for Treatment in Depressed, Substance-Dependent Adolescents with Conduct Disorder," M. Lohman, P. Riggs, S.K. Hall, S.K. Mikulich, and C.A. Klein.

Riggs, P. D., Mikulich-Gilbertson, S. K., Davies, R. D., Lohman, M., Klein, C., Stover, S. K. (2007). A randomized controlled trial of fluoxetine and cognitive behavioral therapy in adolescents with major depression, behavior problems, and substance use disorders. Archives of Pediatric and Adolescent Medicine, 161(11), 1-9.

Thurstone, C., Riggs, P. D., Klein, C., Mikulich-Gilbertson, S. K. (2007). A one-session human immunodeficiency virus risk-reduction intervention in adolescents with psychiatric and substance use disorders. Journal of the American Academy of Child and Adolescent Psychiatry, 16, 306-311.

Riggs P.D., Winhusen T., Davies R.D., Leimberger J.D., Mikulich-Gilbertson S., Klein C., Macdonald M., Lohman M., Bailey G.L., Haynes L., Jaffee W.B., Haminton N., Hodgkins C., Whitmore E., Trello-Rishel K., Tamm L., Acosta M.C., Royer-Malvestuto C., Subramaniam G., Fishman M., Holmes B.W., Kaye M.E., Vargo M.A., Woody G.E., Nunes E.V., Liu D. (2011). Randomized controlled trial of osmotic-release methylphenidate with cognitive-behavioral therapy in adolescents with attention-deficit/hyperactivity disorder and substance use disorders. Journal of the American Academy of Child and Adolescent Psychiatry, 9, 903-914.

PROFESSIONAL MEMBERSHIP

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| 1990 – present | National Association of Social Workers, Colorado Chapter |
| 2010 – present | Acceptance Commitment Therapy, Clinical Network |
| 2010 – present | Yoga Alliance, Registered Yoga Teacher |

LICENSURE

State of Colorado, Clinical Social Work, #991053, Issued February 1993.